

Dear Friends,

This month's theme is right on time for our community. To **Stay Centered** on Spirit, on God working in and through every member of our spiritual family and through our community - this is our goal.

Together we have begun a journey into the unknown, as all journeys led by God are. Personally, I like to think I know where we're going and how we'll get there. I'm guessing some of you enjoy that feeling of safety as well. Let us remember that we are powered by the Source of Life itself and we are working together to be present, awake, loving and kind. We are bound by a desire to know God and live God's life into our world.

These words come from our founder Myrtle Fillmore in a letter she wrote in 1936: "We just received some ideas that proved wonderfully helpful in our own family; and then we shared them with others, and they too were helped. We soon found ourselves in a little society, which was formed for the study of Truth and the practice of its ideas. We grew. After a time, it seemed that the other folks went their various ways, and only we were left to continue what we felt to be important enough to develop and to devote ourselves to. What is important is that we are doing what God has given us to do, according to our best light. And if we have something that others want or that will help them - spiritual ideas and their radiance - we are glad to share it. If others wish to receive, all right; if not, that is all right too. We are not trying to interest folks in [Unity], but in the ideas of the Christ mind, which we feel to be the foundation of the work, and our standard of life."

I invite you to join me in this attitude of humble enthusiasm so well portrayed in Myrtle's letter. Let us continue to develop and devote ourselves to the study and practice of living the Christ consciousness through our current project. Toward that end, we'll begin September with a Taize Prayer Service, and our lessons will be taken from Robert Brumet's book, *Finding Yourself in Transition*.

In love and laughter - Reverend Terry

Sunday Celebration Services 10 a.m.

*Broadcasts & recordings
are available on our website
under the Media tab*

Rev. Terry Murray, Minister

Board Members:

Nancy Camenzind, Chair
Paul Swanda, Vice-Chair
Greg Psaltis, Treasurer
Suz Aird, Secretary
Addie Robinson, Member
Nancee Gordana, Member

Staff Team Members:

Janene Cummings, Music Director
Lisa Petrich, Youth Education
Marlisa Hollinger, Bookkeeper
Matt Olason, Janitorial Services
Karen Reddick, Social Media

Unity of Olympia
Office hours:

By Appointment Only

1335 Fern Street SW
Olympia, WA 98502

office@unityofolympia.org
www.unityofolympia.org

Sundays in the Sanctuary

Sunday Services | 10:00am



Masks are no longer required, but strongly encouraged when attending in-person. The Sunday service is being streamed online through our website at www.unityofolympia.org and on FaceBook at 10:00 on Sunday mornings. It continues to be available for viewing on Facebook and YouTube following the service.

Please feel free to attend in person if you are 100% healthy and well. If you are experiencing ANY cold symptoms, including fatigue, or if you are still not 100% recovered from a bout with COVID, please enjoy our Sunday service from home.

Music News

Hello Unity Family,

I trust you are wringing out every drop of joy in this beautiful summer! This year, I've surprisingly gotten brave enough to swim in the river and I'm not so sure that heck didn't freeze completely over. Sometimes, facing fear means we get a little wet! LOL

Last month, I saw several of you at Robyn Fisher's concert-- what a beautiful, heart-expanding evening; great band! I do hope we get to do that again next year when she visits.

This month on the 18th, we welcome back Christina Brewer! Her powerhouse voice and charisma will surely bring a smile-- I do hope you'll come and welcome her into our spiritual home.

I'd like to express my deep gratitude for the dedication and service of Paul Swanda. His overseeing the audio/visual team and running sound has been exceptional! Thank you, Paul for your time, love and loyalty to ensuring we have a harmonious Sunday-- you are so appreciated, my friend!

The next Self-Love Revival is Friday, September 2nd-- come join us! These events are pure energy-medicine through song. We invite our higher-self to guide us in the healing and expansion we're ready for-- the results are amazing and unique every session. You need not be a great singer as we only sing for healing & confidence building. This month, Ted Clark will be drumming and boy oh boy does his talent nourish the Soul! More info at [[Unityofolympia.org](http://unityofolympia.org)](<http://unityofolympia.org/>)

Wishing you all a joy-filled September!

With Love,

Janene Cummings

Music Director

music@unityofolympia.org



Youth and Family Ministries

"There are no accidents or **coincidences**, all is in divine order."



2022 September YFM News

by Lisa Petrich, YFM Director Unity of Olympia

"There are no accidents or coincidences, all is in divine order."

For September we are moving into the power of ORDER as one of Unity's Twelve Powers of Man. During this month, may we continue to use our power of ORDER to nurture ourselves and one another through UNITY. Using the power of ORDER can be reassuring as we trust there is a higher power and that everything is happening in order as it needs to be for our own growth. Take time to use this power for meditation and affirmation. Use the POWER of the month to balance your relationship with kindness and compassion. This affirmation could help: ***There is one presence and one power moving in and through me in Divine and Perfect Order.***

Moving into September the focus for all ages will be based on THE FOUR AGREEMENTS, by Don Miguel Ruiz. We will be using DIANE VENZA'S curriculum to guide our virtual and in person lessons. We will spend one whole month on "The Power of the Spoken Word." Students will explore their words and how to reflect on the words they are using to co-create their lives. Words have the power to create or destroy our dreams, so the more intentional the use of words can be a tool. Additionally, we will focus on telling the truth and how intentionally using our words increases our Faith!

BACKPACK BLESSING this Sunday! Have your child bring their backpack for a blessing before school starts! All students will be receiving a bag of school supplies provided by the Youth and Family Ministries! I look forward to seeing you this Sunday.

Hooray! The Teacher's Training is set for **Saturday, September 10 from 12-2 p.m.!** If you are interested in assisting with the children this Fall, please plan on attending. Contact me for more information. **Sign up sheets are in the foyer.**

Every Sunday in September after service for 1 hour there will be a SORT and PACK time to help get the Youth and Family Ministries ready for our big move. Please consider taking an hour of your time to help. Each week we will have a focus - games, crafts, supplies, etc.

As the church moves into our visioning for our new space, I would love to hear from YOU! I will be calling everyone on the family list for their ideas and their input on our new space. If you don't hear from me and would like to share your thoughts, please email me at youth@unityofolympia.org to share your thoughts on what our youth need. As I put my ideas together, I share them with Reverend Terry to create the next space of our dreams! Please be a part of the change with me!

If there is anything I can do to support a spiritual practice at home with you and your family, please let me know. Truly, a good spiritual practice will follow your children and they will remember the foundation because it starts at home. Lighting a candle, saying a prayer, drawing a picture, and listening to a song that provokes a positive vibration or oneness in the world, are examples of ways to start. Lots of LOVE!!

Treasurer's Newsletter Report-- August

We continue along a path of abundance, which we all can appreciate and celebrate through our regular conscious contributions. Our spiritual community depends on its members to provide the funding for all our activities, including Sunday services, paying for the staff, guest musicians and other expenses such as utilities, etc.



The July financial statements showed \$15,208 in income and \$16,148 in expenses, leaving a \$940 deficit for the month. Our checking account, as of the end of July, is \$44,340. Concerning the Year-to-Date, our income stands at 28% and expenses at 30%. We are currently 1/3 (33%) of the way through the fiscal year. We have some significant expenses coming up-- \$3000 for the repair of the sanctuary window, \$1500-3000 for the mold remediation in the Youth Ed building and the cost of pumping of the septic system. Insurance may cover a part of the window repair, although we have a \$1000 deductible.

Please keep in mind that it is each one of you who enables the church to continue its important work for us, for our community and for our world. Thank you for your generosity.

Respectfully,

Greg Psaltis, Treasurer

Events

Self-Love Revival - Holistic Group Singing

with Janene Cummings

September 2nd at 6:00pm at Unity of Olympia

Come sing with us! No experience necessary - just come with your wonderful self and be open to the energetic experience of bringing our voices together in song! Registration recommended, walk-ins always welcome. This month's theme is "I Am More Than Enough".

Cost at the door: \$25 single / \$40 couple



Musical Guest - Christina Brewer

September 18th at 10:00am

Christina Brewer is returning with her talents to Unity of Olympia this month! We are so excited to welcome her back. To learn more about Christina, please visit her website at <https://christinabrewer.weebly.com/>



Weekly Meditation Sangha (Community)

Wednesdays 6:00-7:30 pm

This is an open invitation to join in community to simply enjoy the moment of now, and sit together in meditation.

- 20 minutes of sitting
- Short walking meditation or mindful movement
- 10 minutes of sitting
- Dharma sharing, reading wisdom of Thich Nhat Hahn or his students.
- Mindful sharing about your practice

This event takes place at Unity of Olympia and is facilitated by Nije' Pinder. Donations are accepted. Questions? Contact office@unityofolympia.org. Please note: if this is your first time attending, plan to arrive 10 minutes prior to 6:00pm. Thank you!



OU Men's Breakfast

Wednesday, September 14th at 8:00am

River's Edge Restaurant

4611 Tumwater Valley Golf Course

Tumwater WA 98512

(360) 753-5100



The OU Men's group meets the 2nd Wednesday of every month. We'd love for you to join us! Questions? Contact us at office@unityofolympia.org.

THE LOVE OF MONEY

A PROSPERITY CLASS

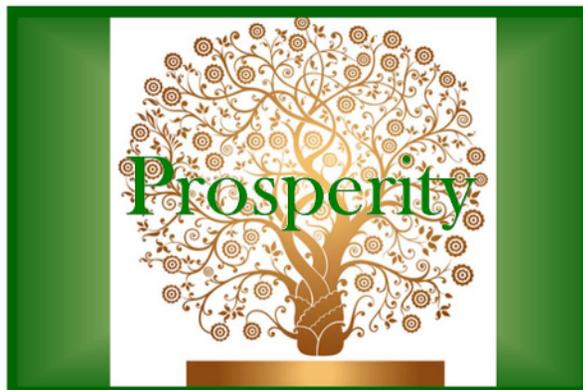
Spend five weeks exploring our individual and collective beliefs about money and freeing yourself from those that don't support your full expression of Freedom. Expand and apply your understanding of Prosperity Principles.

Center for Spiritual Living's Rev. David Robinson will support you in playing joyfully in the Abundance of the Universe expressing as and through you.

When: Saturdays, Oct. 8 through Nov. 5th, 10 – Noon

Where: Unity of Olympia, 1335 Fern St. SW

Cost: \$100 (No textbook required)



Events cont.

New Thought Bible Study Book Group | Saturdays, 9:30-10:45am

For the curious, the doubtful and the wishful thinkers. Come try it out! No commitment necessary. Drop-ins always welcome.

Many people believe the best way to study the Bible is to read the Bible but maybe it's not. Unity teaches that the Bible is the story of the evolution of consciousness; the changing awareness of humanity's relationship with God and one another. The Fillmore's (Unity's founders) were more interested in the meaning behind the stories than whether the stories of the Bible were factual or not. Current biblical and archaeological scholarship offers us information that just wasn't available a hundred years ago, or even fifty years ago. Join Reverend Terry on a new adventure in 2022 with John Shelby Spong, Marcus Borg and John Dominic Crossan. Register online under "Events" to receive the Zoom login. Join us according to your schedule and interest!



We are currently studying *Biblical Literalism - A Gentile Heresy* by John Shelby Spong. This group meets by zoom on Saturday mornings from 9:30 to 10:45. Please feel free to "drop in" to check it out. Lively conversation and new understandings of old stories is our normative experience.

- **September 4 - October 15:** The 4th Gospel - Tales of a Jewish Mystic (John Shelby Spong)
- **October 22 - November 19:** Unbelievable (John Shelby Spong)
- **November 26 - December 17:** The First Christmas (Marcus Borg)

World Peace and Harmony Meditation

September 18th at 6:00pm on zoom. Sponsored by Center for Spiritual Living Olympia.

You're invited! On the 3rd Sunday of every month, we gather for no more than an hour to contemplate, embody and meditate on peace within ourselves and the world. As students of New Thought, we recognize the power of focusing our attention on that which we would like to see manifested. When we raise our individual vibration and consciousness it has a ripple effect moving out into the world to help raise the vibration of our shared Universal consciousness. When we do so with others the effect is amplified.

In an article published in the Nov/Dec issue of Unity Magazine, Rev. Jim Gaither, TH.D writes, "Regular meditation gives people more consistent access to their inner realm, expanding awareness and facilitating harmony....the more each of us expands our awareness and harmonizes with the universe, the more awareness and harmony there is in the world."

Please join us as we experience more peace and harmony within ourselves & radiate that experience of peace and harmony out into our communities and the world. We look forward to sharing this sacred time with you.

For more information, please sign up here: <https://cslolympia.org/world-peace-meditation/> or contact Barb Yanagimachi at 360-359-0533 (text or phone) or our admin assistant at cslolyoffice@gmail.com

Announcements

SAVE THE DATE!!!! April 27 - 30, 2023. Visit UNITY VILLAGE with your Unity Community.

- Start setting aside your funds now. Total cost is approximately \$1500 pp.
- Make a commitment on your calendar. Traveling Wednesday April 26th through Monday May 1st creates the greatest sense of ease.

Let's take a trip! Join Reverend Terry for a long weekend at Unity Village in spring of 2023. This is a great opportunity to connect more deeply with one another, enjoy Unity Village, explore its history and much more. The dates have been chosen and Unity Village staff have committed to creating an experience of joy for us. Actual registration and fees are yet to be determined. More information will be shared as it becomes available.

Come Home to Unity Village

April 27-30, 2023



Activities at the Village:

- Walking tours
- Go to the top of the tower
- Jolly Wagon Tour (outdoor driving tour)
- Silent Unity Tour
- Kindness Rocks painting station



Sign up in the lobby or online if you are interested in learning more!

Questions? Contact office@unityofolympia.org

Prayer Team



The 29th annual World Day of Prayer is Thursday Sept 8. This years theme is Holding the High Watch. The Unity Prayer Ministry will have opening ceremonies on Wednesday, September 7 at 5 p.m. Pacific Time. You are invited to register and join online at unity.org/wdop to participate in this 24 hour vigil. As we unite hearts and minds with people from around the globe, together we affirm: *"I pray with an open heart and mind"*. Immerse

yourself in prayer, music. and contemplative experiences during this online event. Some questions Unity has provided for us to use for personal reflection or to use in group prayer: How can I elevate my mind? What does it mean to hold the high watch? How does prayer make a difference?

When we become still, shutting out all distractions from external sources and quiet our minds, we can connect with that Presence that is always within us waiting for our recognition. We focus on this Presence knowing that right now in this moment all is well.

As we elevate our consciousness to a higher awareness that we are spiritual beings in a human body, we can hold the high watch for the collective evolution of a higher level of consciousness in all people everywhere. We know God is all there is.

Prayer makes a difference because we open our minds to a greater experience and recognition of God in all things. As we let go of any concerns, we rely on the spirit within to guide us into perfect right action and divine outcomes. We are grateful for divine guidance in every situation. Namaste.

The Prayer Team will be conducting the Sunday sevice on Sept 4. There will be short readings and music. See you there!

Penny Parsons

Within Our Ministry

Engage in the Unity Community

Word on the street is you may be looking for ways you can contribute your talents and engage in the Unity Community. If that is calling to YOU, you're in luck! We have so many ways you can serve - some on Sunday mornings, and others during the week or at your leisure. If you are looking for a way to volunteer, please let us know!

We invite you to consider one of the following opportunities currently seeking team members:

- Team Lead for our SpiritGroups program.
- Greeters and Ushers
- SpiritGroups - Team Lead
- Flower Team volunteers
- Youth Teachers



If you'd like to learn more about any of these service roles, or have an interest in something else, please contact us at communityengager@unityofolympia.org.

Also, our partners at Build-A-Bus are requesting donations of men's pants and underwear in sizes small, medium, large, and extra large. In addition, Build-A-Bus has an ongoing wish list of donation opportunities. The list can be found here <https://www.dollardays.com/showerpowerplus/wishlist.html>

Have you submitted your form to be included in the new Community Directory yet? Now is the time!

To be included, please provide me with the names and contact info for your entry. You may share as much or as little as you'd like. This directory is intended for use within our Unity community, but it will not be confidential. I envision such an entry like the following:



Full Name
Address
City, State, Zip
Primary Phone
Email
Personal Quote (such as "I accept God's gift of joy")

(I threw that last line in as I thought it was kind of a nice insight into who you are. You could choose a favorite quote, saying, affirmation, lyric, whatever - or none if you prefer.)

You may submit this information via email to mackenziejeanne05@gmail.com or you may submit the information online at <https://forms.gle/pC7rTYen324QLPnd7>. Photos (.jpeg files) can be uploaded online or emailed to me. If you prefer not to have your picture included in the directory, this is okay too. Or you might want to use a symbol instead, such as a flower, peace sign, cross, praying hands.

Please contact me with the entry info you would like included, photo, ideas, suggestions, and also if you wish to not be included. Jeanne

Community Outreach

Lunch Service for the Homeless Shelter

The ongoing service project that Unity of Olympia has been participating in, known as the Wednesday Lunch Service, is still in full swing but there have been a few changes. Now it is easier than ever to participate in this shared community service project, and we invite you to consider joining our efforts to serve the hungry.

Now that the community at Unity Commons has had a chance to settle, we have more flexibility on BOTH the dates we deliver as well as the time of day that the food items can be taken. It is now possible for folks to create their own "community group" or volunteer on an individual basis and a group will be created for you. Here are the important details:

- Lunch service is for 30 individuals (although there are options for up to 60 any one day for either lunch OR dinner)
- There are no long-term commitments, help when you can
- We currently serve twice a month.

Are you in? Please contact the official chairperson for this project, Cathy Evans, by email at evanscl@earthlink.net or by phone at (360) 489-0885.





*Social justice and peace
through interfaith understanding
and cooperation.*

Although the Program Council of Interfaith Works does not meet in the summer months, one committee has met to plan the traditional program of gratitude offered prior to Thanksgiving. The program, truly an offering of our many diverse faith communities, brings music, prayer and messages together in one presentation. Last year the title "Resetting the Sacred Table" introduced a theme of awareness of our indigenous neighbors and their experience of "thanksgiving." Speakers from the Squaxin Island Tribe shared their story, hardships, and healing.

This year's program title will remain the same along with the sub-theme of healing from the past. The planning committee is reaching out to the Chehalis Tribe (the Confederated Tribes of the Chehalis Reservation) to ask for their participation in the event, as their presence was also prominent on the land of Thurston County.

The Council planning committee will offer another event in the fall related to the Doctrine of Discovery, a 15th century European agreement that promoted colonization and forced the conversion of millions of indigenous people. Its effects dominate many issues today, including environmental worries.

Stayed tuned for these upcoming fall events, knowing that with our combined efforts INTERFAITH WORKS!